

DISCOVERY HOUSE SOBER LIVING

Discovery House Policies, Procedures, and Expectations:

The first 30 days is a probationary period and curfew is 11 pm. After the initial 30-day period, you will have an individual meeting with management to determine your eligibility for non-probationary status. After you have successfully completed the probationary period the curfew is midnight unless another time is requested and approved by management;

Discovery Sober Living is a 12-step based house. Upon admission, you have two weeks to find a sponsor. If you have trouble finding a sponsor, please contact Keith and Eric and they will help you find one;

A minimum of 4 AA, NA or similar meetings per week is required. 90 meetings in 90 days are strongly encouraged;

All members are subject to random drug screenings or breathalyzer at any time;

There will be a mandatory house meeting on Sunday evening; with an optional potluck meal prior to the meeting;

Members must hold a service commitment;

All members must maintain employment, be enrolled in school and/or job search, or volunteer 20 hours per week;

While on job search, you must be out of the house actively seeking employment between 10AM and 2PM. If you have secured a job and are waiting to start working, you must be out of the house doing something positive from 10AM - 2PM;

Members seeking employment in an environment that serves alcohol must receive approval by House Management;

If a member is suspected of being under the influence of synthetic drugs that are not covered by our test, the member must get lab testing at Quest Diagnostics or a similar lab. If the member's test comes back positive he will be expelled from the house. This is at the Member's expense;

House cleaning and chores are assigned weekly. Members are expected to keep their assigned area clean and orderly. Members are expected to plan their time accordingly in order to complete their individually assigned chores;

No overnights will be allowed for anyone during the 30-day probationary period without prior approval by management, and the request needs to be made at least 24 hours in advance;

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All overnight stays off premises must be requested through the House management;

Discovery Sober Living management has the right to communicate with the member's family or referent before approving overnight passes;

One overnight stay per week is allowed, unless pre-approved by House Management;

Member's accounts must be paid in full in order to be eligible for an overnight pass;

Overnights are 24 hours, unless pre-approved by Management;

If a member is taking prescription medication, it is his responsibility to take the medication as prescribed. There is no sharing of medication between members. It is the member's responsibility to inform management during the intake process of their medications. It is strongly suggested that the member follow up with an appropriate doctor to monitor their medication within 30 days of admission;

The following behaviors are grounds for immediate dismissal:

Physical violence of anyone;

Verbal abuse of anyone;

Destruction of house property;

Theft of anything including member's food and property;

Possession and/or use of narcotics, alcohol or weapons;

Failure of a drug screen or breathalyzer;

Sexual harassment or contact between members;

Continuous non-compliance of the rules.

Termination of Membership

Any Member expelled for any reason will not be permitted to return to the premises as a Member for a minimum of 30 days. Expelled Member must have a clean urine test in order to return after 30 days, and Member's return must be approved by management;

Prepaid monies will not be returned if expelled;

We ask our members to make a three-month commitment to Discovery Sober Living. If an early departure is requested, prepaid monies will be returned only at the discretion of Management.